

EST. 1935

# SEVEN SEAS®

At Seven Seas, we have 85 years of Omega-3 scientific expertise, harnessing the health of the sea since 1935.

Seven Seas Omega-3 range has been specifically developed with Omega-3 plus Vitamin D to support your overall health and wellbeing<sup>†</sup>. Omega-3 is essential as your body cannot produce it from scratch. It supports major organs in the body, helping them to function normally, such as the heart<sup>1</sup>, brain<sup>6</sup> and eyes<sup>6</sup>.

We call it, 'The Oil of Life.'

## NEW SEVEN SEAS OMEGA-3!



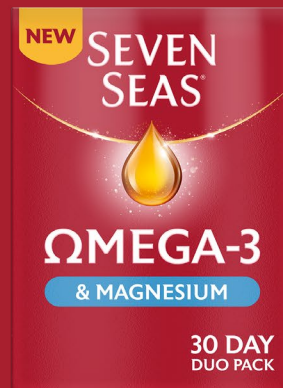
One capsule of our Omega-3 product provides you with **300 mg** of Omega-3, including **150 mg** EPA and **100 mg** of DHA, and with **10 µg** of Vitamin D. Omega-3 helps to maintain the health of you heart<sup>1</sup>, brain<sup>6</sup>, eyes<sup>6</sup>. Omega-3 plus Vitamin D for whole body health<sup>†</sup> every day.



With just one daily dose, our Omega-3 Extra Strength provides you with **750 mg** of Omega-3, including **375 mg** EPA and **250 mg** of DHA. EPA and DHA contribute to the maintenance of normal heart function<sup>1</sup>. Vitamin D contributes to the maintenance of normal bones<sup>7</sup>.



One capsule of our Omega-3 Max Strength provides you with **1250 mg** of Fish Oil, providing **1063 mg** Omega-3, plus **10 µg** of Vitamin D. No other leading brand has a higher level of Omega-3 in just one daily capsule\*.



Our Omega-3 capsule and Magnesium tablet duo provide you with **300 mg** of Omega-3 and **10 µg** of Vitamin D. Plus **375 mg** of Magnesium (100% NRV) Magnesium helps to support energy release<sup>4</sup>, muscle function<sup>5</sup> and the reduction of tiredness and fatigue<sup>2</sup>.



Our Omega-3 capsule and Turmeric tablet duo provide you with **300 mg** of Omega-3 and **10 µg** of Vitamin D. Plus **4000 mg** of Turmeric (as 85mg extract). Omega-3 plus Vitamin D for Whole Body Health<sup>†</sup> every day.

Food Supplements must not substitute a balanced diet and healthy lifestyle.

<sup>1</sup>Heart: EPA & DHA contributes to normal heart function. The beneficial effect for the heart is obtained with a daily intake of 250mg EPA and DHA.

<sup>2</sup>Tiredness & Fatigue: Magnesium contributes to the reduction of tiredness and fatigue.

<sup>3</sup>Bones: Magnesium contributes to the maintenance of normal bones.

<sup>4</sup>Energy: Magnesium contributes to normal energy-yielding metabolism.

<sup>5</sup>Muscles: Magnesium contributes to normal muscle function.

<sup>6</sup>DHA contributes to the maintenance of normal brain function. DHA helps support the maintenance of normal vision. The beneficial effects for brain and vision are obtained with a daily intake of 250mg DHA.

<sup>7</sup>Bones: Vitamin D contributes to the maintenance of normal bones.

<sup>†</sup>EPA & DHA support normal heart function. Beneficial effect obtained with daily intake of 250 mg EPA & DHA. DHA supports normal brain function and normal vision. Beneficial effect obtained with daily intake of 250 mg DHA. Vitamin D contributes to the maintenance of normal bones and supports normal muscle function, normal function of the immune system and plays a role in the process of cell division.

\*vs. top 10 Omega-3 capsule brands on IRI, May 2020. Verify: [info@sevenseas.com](mailto:info@sevenseas.com)